



ईशोपनिषद्

Īśa Upaniṣad

(This whole universe is pervaded by supreme.)

By Dr. Suryanarayana Nanda for Arya
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अन्धं तमः प्रविशन्ति येऽविद्यामुपासते ।
ततो भूय इव ते तमो य उ विद्यायाँ रताः ॥



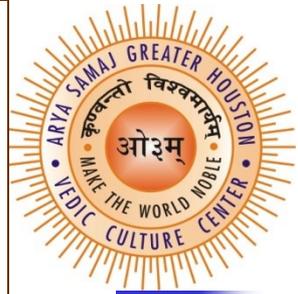
Andhaṃ tamaḥ praviśanti ye-vidyām-upāsate,
Tato bhūya iva te tamo ya u vidyāyāṃ rataḥ.

Īśa Upaniṣad-9

Those who follow the path of AVIDYĀ enter into blinding darkness. More than that, those who are engrossed in VIDYĀ, enter the greater blinding darkness.



अन्यदेवाहुर्विद्ययाऽन्यदाहुरविद्यया ।
इति शुश्रुम धीराणां ये नस्तद्विचक्षिरे ॥



Anyadevāhur-vidyayā-nyadāhu-ravidyayā,
Iti śuśruma dhīrāṇāṃ ye nastad-vichachakṣire.
Īśa Upaniṣad-10

It is said that, a really different result is obtained by *Vidyā*, and a different result is obtained by *Avidyā*. Thus we have heard from the wise who explained it to us.



Thus we have heard from the wise ones
who explained it to us.



- These sages remove themselves completely from the claim of authorship.
- It is simply an admission of their ego-lessness. It is an announcement that I am not, I am only the door.
- That is why **no** Upanishad bears the signature of its author on it.



विद्यां चाविद्यां च यस्त्वेदोभय ँ सह ।
अविद्यया मृत्युं तीर्त्वा विद्ययाऽमृतमश्नुते ॥



Vidyāṃ chāvidyāṃ cha yastad- vedobhayam saha,
Avidyayā mṛtyuṃ tīrtvā vidyayāmṛtamāśnute.
Īśa Upaniṣad-11

He who knows both Vidyā and Avidyā together,
crosses death by Avidyā and obtains immortality by
Vidyā.



The whole Avidyā is in a constant
fight with death.



With the help of Avidyā we can merely exist, but we cannot taste the substance of life.



If you want to go deep into the experience of that which is beyond birth and death is to discover the immortal.

The Upanishads declare that immortality will be experienced through Vidyā.

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Be aware of it always, that

"I am not the body."

But life constantly reminds us from all
sides that,

“I am the body.”

The life journey is
a kind of deep
understanding
between the body
and the soul.

It is a journey of
the blind and the
lame.



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