



ईशोपनिषद्

Īśa Upaniṣad

(This whole universe is pervaded by supreme.)

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for Arya Samaj Greater Houston



अन्धं तमः प्रविशन्ति येऽसम्भूतिमुपासते ।
ततो भूय इव ते तमो य उ सम्भूत्या ँ रताः ॥



- *Andhaṃ tamaḥ praviśanti ye'sambhūti-mupāsate,*
- *Tato bhūya iva te tamo ya u sambhūtyāṃ rataḥ.*
- *Īśa Upaniṣad-12*
- Those who are devoted to the un-manifested nature, enter into blinding darkness. But those are devoted to the manifested nature enter the greater blinding darkness.



Upāsanā

We have to sit near something.



- If we don't sit near God we will sit near manifest nature.
- If we don't sit near the soul we will sit near the body.
- If we don't sit near the transcendental we will sit near the worldly and mundane.
- The act of sitting near will go on in every condition.



Worshippers of Senses



- The adoration of manifest nature is mainly due to darkness, that is ignorance.
- If you are insensible you will find yourself sitting near the sense organs. The greater the unconsciousness, the nearer you will sit.
- Therefore the worshippers of manifest nature will necessarily be in unconsciousness



Worshippers of ego



- They enter greater darkness who are absorbed in the worship of the ego.
- The worship of the sense organs is natural. It is a kind of worship practiced even by animals; but no animal is absorbed in the satisfaction of ego.



Difference of worshipping senses and ego.



- The worship of the sense organs is quite obvious, But that of ego is very subtle so it is often difficult to detect the worship of ego.
- One says, "No one is greater than I,"
- and the other says, "I am a poor, humble person, only as good as the dust under your feet."
- What he means is, "There is no greater dust than me! Do not talk of dust superior to me - I am the last and the best!" It makes no difference which way you choose to feed the ego.



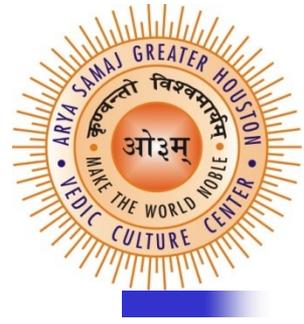
Difference of worshipping senses and ego



- The sense organs have no direct link with status.
- The desire to seek status does not belong to the sense organs, it pertains to ego - to "I am somebody."



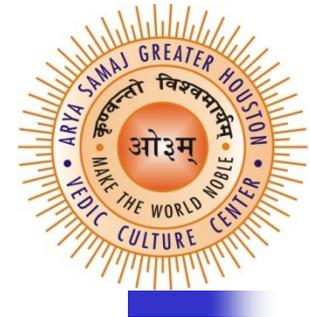
Worshippers of Senses



- The worship of sense organs alone is less subtle and complex.
- The demands of the sense organs are very few and limited.
- They are repetitive, but they are not limitless.



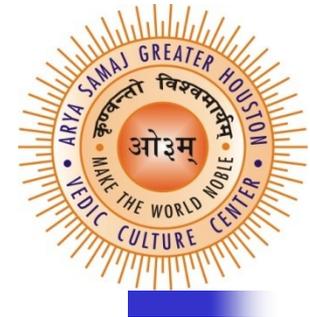
Worshippers of ego



- Ego is limitless.
- It does not require repetition; it requires more and more.
- However much you may fill it and satisfy it, it is never filled, it is never satisfied.
- It is insatiable, it cannot be satisfied.



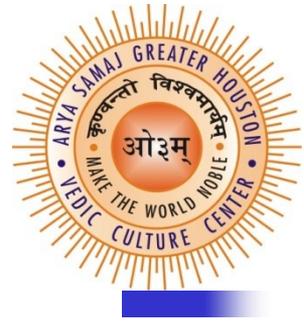
Worshippers of ego



- Generally the ego-worshippers are against worshipping the sense organs.
- So called self-denying people go on supplementing their egos by sacrificing the physical comforts of their sense organs.



Difference of worshipping senses and ego.



- Everyone has to search within himself, and a simple guideline to follow is that fulfilling the basic needs of the sense organs never creates worry in a person.
- But no sooner does a man exceed his body's basic needs and make extravagant demands than worries begin.